

Dataset Coding Guide

Project - Raine Study (Pregnancy Cohort Study)

Dataset - Raine Year 23 Sleep Questionnaire Scores

Variable	Variable Label	Value Label
Y23_EWP_score	Epworth Score	
Y23_aCg_TOT	Total Score	
Y23_Cog_Pro	Prospective subscale score	
Y23_Cog_Retro	Retrospective subscale score	
Y23_Cog_TOT	Total score	
y23_cog_tot_t	total score converted to T score	
y23_cog_pros_t	prospective score converted to T score	
y23_cog_retro_t	retrospective score converted to T score	
y23_cog_tot_z	total score converted to Z score	
y23_cog_pros_z	prospective score converted to Z score	
y23_cog_retro_z	retrospective score converted to Z score	
Y23_GAD2_TOT	GAD-2 total score	
Y23_GAD2_CAT	GAD-2 total score - 2 categories	0 = None; 1 = Positive screen
Y23_GAD7_TOT	GAD-7 total score	
Y23_GAD7_CAT	GAD-7 total score - 2 categories	0 = None; 1 = Positive screen
Y23_GAD7_TOT_Cat4	GAD-7 total score - 4 categories	1 = min anxiety; 2 = mild anxiety; 3 = moderate anxiety; 4 = severe anxiety

Y23_PHQ9_TOT	total score	
Y23_PHQ9_DD1	depressive disorder 'diagnosis'	0=no; 1=yes
Y23_PHQ9_DD2	major depressive disorder 'diagnosis'	0=no; 1=yes
Y23_PHQ9_DD3	other depressive disorder 'diagnosis'	0=no; 1=yes
Y23_PS_SSC	sleep symptom criterion score	0 - no, doesn't meet criteria; 1 = yes, meets criteria
Y23_PS_DC	duration criterion score	0 - no, doesn't meet criteria; 1 = yes, meets criteria
Y23_PS_DIC	daytime impairment criterion score	0 - no, doesn't meet criteria; 1 = yes, meets criteria
Y23_PS_INS	insomnia disorder 'diagnosis'	0 = no, 1 = yes
Y23_PSQI_C1	Component 1 score - Subjective Sleep Quality	0= 'Very good'; 1= 'Fairly good'; 2= 'Fairly bad'; 3='Very bad'
Y23_PSQI_C2	Component 2 score - Sleep Latency	0= '0'; 1= '1-2'; 2= '3-4'; 3='5-6'
Y23_PSQI_C3	Component 3 score - Sleep Duration	0= '≥7 hours'; 1= '<7 hours & ≥6 hours' 2= '<6 hours & ≥5 hours'; 3= '<5 hours'
Y23_PSQI_C4	Component 4 score - Habitual Sleep Efficiency	0 = ≥85%; 1= <85% & ≥75%; 2= <75% & ≥65%; 3=,65%
Y23_PSQI_C5	Component 5 score - Sleep Disturbances	0= '0'; 1= '≥1 & ≤9'; 2= '≥10 & ≤18'; 3= '≥19'
Y23_PSQI_C6	Component 6 score -Use of Sleep Medications	0= 'Not during the past month'; 1=' Less than 1/week'; 2= '1-2 times/week'; 3= '3+ times/week'
Y23_PSQI_C7	Component 7 score -Daytime Dysfunction	0= '0'; 1= '1-2'; 2= '3-4'; 3='5-6'
Y23_PSQI_TOTAL	Total PSQI score - continuous	
Y23_PSQI_TOTAL_CAT	Total PSQI score - categorical	1= ≤5; 2=>5