

## FOOD FREQUENCY QUESTIONNAIRE CODING GUIDE

<b>Variable Name</b>	<b>Variable Label</b>
ID	Raine ID
Y23_FFQbarcode	FFQ barcode
Y23_FFQnumber	FFQ number
scan_Date	FFQ scan date
Y23_Fruit_pd	ffq23 _Fruit_per_day
Y23_Veg_pd	ffq23 _Different Veg_per_day
Y23_Milk_none	ffq23 _Type of milk usually use_none
Y23_Milk_full	ffq23 _Type of Milk_full cream
Y23_Milk_red	ffq23 _Type of Milk_reduced fat
Y23_Milk_skim	ffq23 _Type of Milk_skim
Y23_Milk_soya	ffq23 _Type of Milk_soya
Y23_Milk_pd	ffq23 _Amount of Milk_per_day
Y23_Bread_none	ffq23 _Type of Bread_none
Y23_Bread_highf	ffq23 _Type of Bread_highfibre white bread
Y23_Bread_white	ffq23 _Type of Bread_white
Y23_Bread_whol	ffq23 _Type of Bread_wholemeal
Y23_Bread_rye	ffq23 _Type of Bread_rye
Y23_Bread_multi	ffq23 _Type of Bread_multigrain
Y23_Bread_pd	ffq23 _Slices of Bread_per_day
Y23_Spread_none	ffq23 _Type of Spread_none
Y23_Marg	ffq23 _Type of Spread_Marg
Y23_Poly_marg	ffq23 _Type of Spread Polyunsaturated_marg
Y23_Mono_marg	ffq23 _Type of Spread Monounsaturated_marg
Y23_Marg_blends	ffq23 _Type of spread Marg_Butter_blends
Y23_Butter	ffq23 _Type of spread_Butter
Y23_Sugar_pd	ffq23 _Sugar_teaspoons per_day
Y23_Eggs_pw	ffq23 _Number of Eggs_per_week
Y23_Cheese_none	ffq23 _Cheese_none
Y23_Cheese_hard	ffq23 _Cheese_hard
Y23_Cheese_firm	ffq23 _Cheese_firm
Y23_Cheese_soft	ffq23 _Cheese_soft
Y23_Ricotta	ffq23 _Ricotta or cottage
Y23_Cream_cheese	ffq23 _Cream_cheese
Y23_Lowf_cheese	ffq23 _Low fat_cheese
Y23_Pot_eat	ffq23 _How much Potatoe_eat
Y23_Veg_eat	ffq23 _Veg_eat
Y23_Steak_eat	ffq23 _Steak_eat
Y23_Casserole_eat	ffq23 _Casserole_eat
Y23_Allbran	ffq23 _Allbran
Y23_Other_brans	ffq23 _Other_brans
Y23_Weetbix	ffq23 _Weetbix
Y23_Cornflakes	ffq23 _Cornflakes
Y23_Porridge	ffq23 _Porridge
Y23_Muesli	ffq23 _Muesli
Y23_Rice	ffq23 _Rice
Y23_Pasta	ffq23 _Pasta
Y23_Dry_biscuits	ffq23 _Dry_biscuits
Y23_Sweet_biscuits	ffq23 _Sweet_biscuits
Y23_Cakes	ffq23 _Cakes
Y23_Pies_pastries	ffq23 _Pies_pastries

Y23_Pizza	ffq23_Pizza
Y23_Hamburger	ffq23_Hamburger
Y23_Chocolate	ffq23_Chocolate
Y23_Flav_milk	ffq23_Flav_milk
Y23_Nuts	ffq23_Nuts
Y23_Peanut_butter	ffq23_Peanut_butter
Y23_Chips	ffq23_Chips
Y23_Jam_honey	ffq23_Jam_honey
Y23_Vegemite	ffq23_Vegemite
Y23_Cheese	ffq23_Cheese
Y23_Icecream	ffq23_Icecream
Y23_Yoghurt	ffq23_Yoghurt
Y23_Beef	ffq23_Beef
Y23_Veal	ffq23_Veal
Y23_Chicken	ffq23_Chicken
Y23_Lamb	ffq23_Lamb
Y23_Pork	ffq23_Pork
Y23_Bacon	ffq23_Bacon
Y23_Ham	ffq23_Ham
Y23_Beef_salami	ffq23_Beef_salami
Y23_Sausages	ffq23_Sausages
Y23_Fish_grill	ffq23_Fish_grill
Y23_Fish_fried	ffq23_Fish_fried
Y23_Fish_tinned	ffq23_Fish_tinned
Y23_Fruit_tin	ffq23_Fruit_tin
Y23_Fruit_juice	ffq23_Fruit_juice
Y23_Oranges	ffq23_Oranges
Y23_Apples	ffq23_Apples
Y23_Pears	ffq23_Pears
Y23_Bananas	ffq23_Bananas
Y23_Melons	ffq23_Melons
Y23_Pineapple	ffq23_Pineapple
Y23_Strawberry	ffq23_Strawberry
Y23_Apricots	ffq23_Apricots
Y23_Peaches	ffq23_Peaches
Y23_Mango	ffq23_Mango
Y23_Avocado	ffq23_Avocado
Y23_Pot_roast_fried	ffq23_Pot_roast_fried
Y23_Pot_not_fat	ffq23_Pot_not_fat
Y23_Tomsauce_pste	ffq23_Tom_sauce_paste
Y23_Tom_tinned	ffq23_Tom_tinned
Y23_Peppers	ffq23_Peppers
Y23_Green_salad	ffq23_Green_salad
Y23_Cucumber	ffq23_Cucumber
Y23_Celery	ffq23_Celery
Y23_Beetroot	ffq23_Beetroot
Y23_Carrots	ffq23_Carrots
Y23_Cabbage	ffq23_Cabbage
Y23_Cauliflower	ffq23_Cauliflower
Y23_Broccoli	ffq23_Broccoli
Y23_Spinach	ffq23_Spinach
Y23_Peas	ffq23_Peas

Y23_Green_bean	ffq23_Green_bean
Y23_Sprouts	ffq23_Sprouts
Y23_Baked_beans	ffq23_Baked_beans
Y23_Soy_bean	ffq23_Soy_bean
Y23_Other_bean	ffq23_Other_bean
Y23_Pumpkin	ffq23_Pumpkin
Y23_Onion	ffq23_Onion
Y23_Garlic_fresh	ffq23_Garlic_fresh
Y23_Mushroom	ffq23_Mushroom
Y23_Zucchini	ffq23_Zucchini
Y23_Beer_low	ffq23_Beer_low alcohol
Y23_Beer_full	ffq23_Beer_full strength
Y23_Red_wine	ffq23_Red_wine
Y23_White_wine	ffq23_White_wine
Y23_Port_sherry	ffq23_Port_sherry
Y23_Spirits	ffq23_Spirits
Y23_Glass_pd	ffq23_Glass_per_day
Y23_Max_glass_pd	ffq23_Max_glass_per_day
Y23_Portion_g	Portion_Standard
Y23_Fullcream_milk_g	Full cream milk_g per day
Y23_Redfat_milk_g	Reduced fat milk_g per day
Y23_Skimmilk_g	Skim milk_g per day
Y23_Soyamilk_g	Soya milk_g per day
Y23_Highfibre_w_bread_g	High fibre white bread_g per day
Y23_Whitebread_g	White bread_g per day
Y23_Wmealbread_g	Wholemeal bread_g per day
Y23_Ryebread_g	Rye bread_g per day
Y23_Multigrainbread_g	Multi-grain bread_g per day
Y23_Margarine_g	Margarine_g per day
Y23_Polyunsat_marg_g	Polyunsaturated margarine_g per day
Y23_Monounsat_marg_g	Monounsaturated margarine_g per day
Y23_Butter_marg_blends_g	Butter and margarine blends_g per day
Y23_Butter_g	Butter_g per day
Y23_Hardcheese_g	Hard cheese_g per day
Y23_Firmcheese_g	Firm cheese_g per day
Y23_Softcheese_g	Soft cheese_g per day
Y23_Ricotta_cottgecheese_g	Ricotta or cottage cheese_g per day
Y23_Creamcheese_g	Cream cheese_g per day
Y23_Lowfatcheese_g	Low fat cheese_g per day
Y23_Sugar_g	Sugar_g per day
Y23_Eggs_g	Eggs_g per day
Y23_All_Bran_g	All Bran_g per day
Y23_Branflakes_g	Branflakes_g per day
Y23_Weet_Bix_g	Weet Bix_g per day
Y23_Cornflakes_g	Cornflakes_g per day
Y23_Porridge_g	Porridge_g per day
Y23_Muesli_g	Muesli_g per day
Y23_Rice_g	Rice_g per day
Y23_Pasta_g	Pasta_g per day
Y23_Crackers_g	Crackers_g per day
Y23_SweetBiscuits_g	Sweet Biscuits_g per day
Y23_Cakes_g	Cakes_g per day

Y23_Meat_pies_g	Meat pies_g per day
Y23_Pizza_g	Pizza_g per day
Y23_Hamburger_g	Hamburger_g per day
Y23_Chocolate_g	Chocolate_g per day
Y23_FlavMilk_g	Flavoured Milk Drink_g per day
Y23_Nuts_g	Nuts_g per day
Y23_Peanutbutter_g	Peanut butter_g per day
Y23_Crisps_g	Crisps_g per day
Y23_Jam_g	Jam_g per day
Y23_Vegemite_g	Vegemite_g per day
Y23_Ice_cream_g	Ice-cream_g per day
Y23_Yoghurt_g	Yoghurt_g per day
Y23_Beef_g	Beef_g per day
Y23_Veal_g	Veal_g per day
Y23_Chicken_g	Chicken_g per day
Y23_Lamb_g	Lamb_g per day
Y23_Pork_g	Pork_g per day
Y23_Bacon_g	Bacon_g per day
Y23_Ham_g	Ham_g per day
Y23_Salami_g	Salami_g per day
Y23_Sausages_g	Sausages_g per day
Y23_Fish_g	Fish_g per day
Y23_Friedfish_g	Fried fish_g per day
Y23_Tinnedfish_g	Tinned fish_g per day
Y23_Tinnedfruit_g	Tinned fruit_g per day
Y23_Fruitjuice_g	Fruit juice_g per day
Y23_Oranges_g	Oranges_g per day
Y23_Apples_g	Apples_g per day
Y23_Pears_g	Pears_g per day
Y23_Bananas_g	Bananas_g per day
Y23_Melon_g	Melon_g per day
Y23_Pineapple_g	Pineapple_g per day
Y23_Strawberries_g	Strawberries_g per day
Y23_Apricots_g	Apricots_g per day
Y23_Peaches_g	Peaches_g per day
Y23_Mango_g	Mango_g per day
Y23_Avocado_g	Avocado_g per day
Y23_Chips_g	Chips_g per day
Y23_Potatoes_g	Potatoes_g per day
Y23_Tomato_sauce_g	Tomato sauce_g per day
Y23_Tomatoes_g	Tomatoes_g per day
Y23_Capsicum_g	Capsicum_g per day
Y23_Lettuce_g	Lettuce_g per day
Y23_Cucumber_g	Cucumber_g per day
Y23_Celery_g	Celery_g per day
Y23_Beetroot_g	Beetroot_g per day
Y23_Carrots_g	Carrots_g per day
Y23_Cabbage_g	Cabbage_g per day
Y23_Cauliflower_g	Cauliflower_g per day
Y23_Broccoli_g	Broccoli_g per day
Y23_Spinach_g	Spinach_g per day
Y23_Peas_g	Peas_g per day

Y23_Green_beans_g	Green beans_g per day
Y23_Bean_sprouts_g	Bean sprouts_g per day
Y23_Baked_beans_g	Baked beans_g per day
Y23_Tofu_g	Tofu_g per day
Y23_Other_beans_g	Other beans_g per day
Y23_Pumpkin_g	Pumpkin_g per day
Y23_Onion_g	Onion_g per day
Y23_Garlic_g	Garlic_g per day
Y23_Mushrooms_g	Mushrooms_g per day
Y23_Zucchini_g	Zucchini_g per day
Y23_Lightbeer_g	Light beer_g per day
Y23_Heavybeer_g	Heavy beer_g per day
Y23_Redwine_g	Red wine_g per day
Y23_Whitewine_g	White wine_g per day
Y23_Fortifiedwines_g	Fortified wines_g per day
Y23_Spirits_g	Spirits_g per day
Y23_Portion	Portion_Std_Standard
Y23_Energy	Energy_kJ/day
Y23_All_Fat	All Fat_g/day
Y23_SatFat	SatFat_g/day
Y23_PolyFat	PolyFat_g/day
Y23_MonoFat	MonoFat_g/day
Y23_Protein	Protein_g/day
Y23_Carbohydrate	Carbohydrate_g/day
Y23_Sugars	Sugars_g/day
Y23_Starch	Starch_g/day
Y23_Fibre	Fibre_g/day
Y23_Alcohol	Alcohol_g/day
Y23_BetaCarotene	BetaCarotene_ug/day
Y23_Calcium	Calcium_mg/day
Y23_Cholesterol	Cholesterol_mg/day
Y23_Folate	Folate_ug/day
Y23_Iron	Iron_mg/day
Y23_Magnesium	Magnesium_mg/day
Y23_Niacin	Niacin_mg/day
Y23_Niacin_Equiv	Niacin Equiv_mg/day
Y23_Phosphorus	Phosphorus_mg/day
Y23_Potassium	Potassium_mg/day
Y23_Retinol	Retinol_ug/day
Y23_Retinol_Equiv	Retinol Equiv_ug/day
Y23_Riboflavin	Riboflavin_mg/day
Y23_Sodium	Sodium_mg/day
Y23_Thiamin	Thiamin_mg/day
Y23_VitaminC	VitaminC_mg/day
Y23_VitaminE	VitaminE_mg/day
Y23_Zinc	Zinc_mg/day
Y23_Alpha_Carotene	Alpha_Carotene_ug/day
Y23_Beta_Carotene	Beta_Carotene_ug/day
Y23_Beta_Cryptoxanthin	Beta_Cryptoxanthin_ug/day
Y23_Lutein_Zeaxanthin	Lutein_Zeaxanthin_ug/day
Y23_Lycopene	Lycopene_ug/day
Y23_Portion_ALC	Portion_Standard

Y23_Energy_ALC	Energy_kJ per day
Y23_All_Fat_ALC	All_Fat_g per day
Y23_SatFat_ALC	SatFat_g per day
Y23_PolyFat_ALC	PolyFat_g per day
Y23_MonoFat_ALC	MonoFat_g per day
Y23_Protein_ALC	Protein_g per day
Y23_Carbohydrate_ALC	Carbohydrate_g per day
Y23_Sugars_ALC	Sugars_g per day
Y23_Starch_ALC	Starch_g per day
Y23_Fibre_ALC	Fibre_g per day
Y23_Alcohol_ALC	Alcohol_g per day
Y23_BetaCarotene_ALC	BetaCarotene_ug per day
Y23_Calcium_ALC	Calcium_mg per day
Y23_Cholesterol_ALC	Cholesterol_mg per day
Y23_Folate_ALC	Folate_ug per day
Y23_Iron_ALC	Iron_mg per day
Y23_Magnesium_ALC	Magnesium_mg per day
Y23_Niacin_ALC	Niacin_mg per day
Y23_Niacin_Equiv_ALC	Niacin_Equiv_mg per day
Y23_Phosphorus_ALC	Phosphorus_mg per day
Y23_Potassium_ALC	Potassium_mg per day
Y23_Retinol_ALC	Retinol_ug per day
Y23_Retinol_Equiv_ALC	Retinol_Equiv_ug per day
Y23_Riboflavin_ALC	Riboflavin_mg per day
Y23_Sodium_ALC	Sodium_mg per day
Y23_Thiamin_ALC	Thiamin_mg per day
Y23_VitaminC_ALC	VitaminC_mg per day
Y23_VitaminE_ALC	VitaminE_mg per day
Y23_Zinc_ALC	Zinc_mg per day