DATA DICTIONARY FOOD FREQUENCY FOOD-ALL FILES-YEAR 20 COHORT ASSESSMENT

Id	ffq20 _Id	
Date_FFQ	date FFQ where scanned missing Raine Database date included	
age	Age of participant	
SEX	Sex of Participant	
RaineID	Raine Study ID	
Y20_ID_FFQ	FFQ ID	
Y20_Scan_no	ffq20 _Scan_no	
Y20_Date	ffq20 _Date	
Y20_Fruit_pd	ffq20 _Fruit_per_day	1.00 dont eat fruit
		2.00 < 1 piece per day
		3.00 1 piece per day
		4.00 2 pieces per day
		5.00 3 pieces per day
		6.00 4 or more pieces per day
Y20_Veg_pd	ffq20 _Veg_per_day	1.00 < 1 veg per day
		2.00 1 veg per day
		3.00 2 veg per day
		4.00 3 veg per day
		5.00 4 veg per day
		6.00 5 veg per day
		7.00 6 or more veg per day
Y20_Milk_none	ffq20 _Type of milk_none	0 = no 1 = yes
Y20_Milk_full	ffq20 _Type of Milk_full cream	0 = no 1 = yes
Y20_Milk_red	ffq20 _Type of Milk_reduced fat	0 = no 1 = yes
Y20_Milk_skim	ffq20 _Type of Milk_skim	0 = no 1 = yes
Y20_Milk_soy	ffq20 _Type of Milk_soya	0 = no 1 = yes
Y20_Milk_pd	ffq20 _Amount of Milk_per_day	1.00 none
		2.00 < 250 ml
		3.00 between 250 and 500 ml
		4.00 between 500 and 750 ml
		5.00 750 ml
Y20_Bread_none	ffq20 _Type of Bread_none	0 = no 1 = yes
Y20_Bread_highf	ffq20 _Type of Bread_highfibre white bread	0 = no 1 = yes
Y20_Bread_white	ffq20 _Type of Bread_white	0 = no 1 = yes
Y20_Bread_whol	ffq20 _Type of Bread_wholemeal	0 = no 1 = yes
Y20_Bread_rye	ffq20 _Type of Bread_rye	0 = no 1 = yes

Y20_Bread_multi	ffq20 _Type of Bread_multigrain	0 = no 1 = yes
Y20_Bread_pd	ffq20 _Slices of Bread_per_day	1.00 less than 1 slice
		2.00 1 slice per day
		3.00 2 slices per day
		4.00 3 slices per day
		5.00 4 slices per day
		6.00 5-7 slices per day
		7.00 8 or more slices
Y20_Spread_none	ffq20 _Type of Spread_none	0 = no 1 = yes
Y20_Marg	ffq20 _Type of Spread_Marg	0 = no 1 = yes
Y20_Poly_marg	ffq20 _Type of Spread Polyunsaturated_marg	0 = no 1 = yes
Y20_Mono_marg	ffq20 _Type of Spread Monounsaturated_marg	0 = no 1 = yes
Y20_Marg_blends	ffq20 _Type of spread Marg_Butter_blends	0 = no 1 = yes
Y20_Butter	ffq20 _Type of spread_Butter	0 = no 1 = yes
Y20_Sugar_pd	ffq20 _Sugar_teaspoons per_day	1.00 none
		2.00 1 to 4 teaspoons
		3.00 5 to 8 teaspoons
		4.00 9 to 12 teaspoons
		5.00 > 12 teaspoons
Y20_Eggs_pw	ffq20 _Number of Eggs_per_week	1.00 dont eat eggs
		2.00 < 1 egg per week
		3.00 1 to 2 eggs per week
		4.00 3 to 5 eggs per week
		5.00 6 or more eggs per week
Y20_Cheese_none	ffq20 _Cheese_none	0 = no 1 = yes
Y20_Cheese_hard	ffq20 _Cheese_hard	0 = no 1 = yes
Y20_Cheese_firm	ffq20 _Cheese_firm	0 = no 1 = yes
Y20_Cheese_soft	ffq20 _Cheese_soft	0 = no 1 = yes
Y20_Ricotta	ffq20 _Ricotta or cottage	0 = no 1 = yes
Y20_Cream_cheese	ffq20 _Cream_cheese	0 = no 1 = yes
Y20_Lowf_cheese	ffq20 _Low fat_cheese	0 = no 1 = yes
Y20_Pot_eat	ffq20 _How much Potatoe_eat	1.00 < 60g
		2.00 60g
		3.00 60g - 100g
		4.00 100g
		5.00 100g -150g
		6.00 150g
		7.00 >100g

Y20_Veg_eat	ffq20 _How much Veg_eat	1.00 < 130g
		2.00 130g
		3.00 130g -250g
		4.00 250g
		5.00 250g - 415g
		6.00 415g
		7.00 >415g
Y20_Steak_eat	ffq20 _Steak_eat	1.00 < 100g
		2.00 100g
		3.00 100g-125g
		4.00 125g
		5.00 125g-175g
		6.00 175g
		7.00 >175g
Y20_Casserole_eat	ffq20 _Casserole_eat	1.00 < 100g
		2.00 100g
		3.00 100g-180g
		4.00 180g
		5.00 180g-270g
		6.00 270g
		7.00 >270g
Y20_Allbran	ffq20 _Allbran	1.00 never
		2.00 < 1 per month
		3.00 1 to 3 times per month
		4.00 1 time per week
		5.00 2 times per week
		6.00 3 to 4 time per week
		7.00 5 to 6 times per week
		8.00 1 time per day
		9.00 2 times a day
		10.00 3 or more times a day
Y20_Other_brans	ffq20 _Other_brans	As above
Y20_Weetbix	ffq20 _Weetbix	As above
Y20_Cornflakes	ffq20 _Cornflakes	As above
Y20_Porridge	ffq20 _Porridge	As above
Y20_Muesli	ffq20 _Muesli	As above
Y20_Rice	ffq20 _Rice	As above
Y20_Pasta	ffq20 _Pasta	As above

Y20_Dry_biscuits	ffq20 _Dry_biscuits	As above
Y20_Sweet_biscuits	ffq20 _Sweet_biscuits	As above
Y20_Cakes	ffq20 _Cakes	As above
Y20_Pies_pastries	ffq20 _Pies_pastries	As above
Y20_Pizza	ffq20 _Pizza	As above
Y20_Hamburger	ffq20 _Hamburger	As above
Y20_Chocolate	ffq20 _Chocolate	As above
Y20_Flav_milk	ffq20 _Flav_milk	As above
Y20_Nuts	ffq20 _Nuts	As above
Y20_Peanut_butter	ffq20 _Peanut_butter	As above
Y20_Chips	ffq20 _Chips	As above
Y20_Jam_honey	ffq20 _Jam_honey	As above
Y20_Vegemite	ffq20 _Vegemite	As above
Y20_Cheese	ffq20 _Cheese	As above
Y20_Icecream	ffq20 _Icecream	As above
Y20_Yoghurt	ffq20 _Yoghurt	As above
Y20_Beef	ffq20 _Beef	As above
Y20_Veal	ffq20 _Veal	As above
Y20_Chicken	ffq20 _Chicken	As above
Y20_Lamb	ffq20 _Lamb	As above
Y20_Pork	ffq20 _Pork	As above
Y20_Bacon	ffq20 _Bacon	As above
Y20_Ham	ffq20 _Ham	As above
Y20_Beef_salami	ffq20 _Beef_salami	As above
Y20_Sausages	ffq20 _Sausages	As above
Y20_Fish_grill	ffq20 _Fish_grill	As above
Y20_Fish_fried	ffq20 _Fish_fried	As above
Y20_Fish_tinned	ffq20 _Fish_tinned	As above
Y20_Fruit_tin	ffq20 _Fruit_tin	As above
Y20_Fruit_juice	ffq20 _Fruit_juice	As above
Y20_Oranges	ffq20 _Oranges	As above
Y20_Apples	ffq20 _Apples	As above
Y20_Pears	ffq20 _Pears	As above
Y20_Bananas	ffq20 _Bananas	As above
Y20_Melons	ffq20 _Melons	As above
Y20_Pineapple	ffq20 _Pineapple	As above
Y20_Strawberry	ffq20 _Strawberry	As above
Y20_Apricots	ffq20 _Apricots	As above

Y20_Peaches	ffq20 _Peaches	As above
Y20_Mango	ffq20 _Mango	As above
Y20_Avocado	ffq20 _Avocado	As above
Y20_Pot_roast_fried	ffq20 _Pot_roast_fried	As above
Y20_Pot_not_fat	ffq20 _Pot_not_fat	As above
Y20_Tomsauce_paste	ffq20 _Tom_sauce_paste	As above
Y20_Tom_tinned	ffq20 _Tom_tinned	As above
Y20_Peppers	ffq20 _Peppers	As above
Y20_Green_salad	ffq20 _Green_salad	As above
Y20_Cucumber	ffq20 _Cucumber	As above
Y20_Celery	ffq20 _Celery	As above
Y20_Beetroot	ffq20 _Beetroot	As above
Y20_Carrots	ffq20 _Carrots	As above
Y20_Cabbage	ffq20 _Cabbage	As above
Y20_Cauliflower	ffq20 _Cauliflower	As above
Y20_Broccoli	ffq20 _Broccoli	As above
Y20_Spinach	ffq20 _Spinach	As above
Y20_Peas	ffq20 _Peas	As above
Y20_Green_bean	ffq20 _Green_bean	As above
Y20_Sprouts	ffq20 _Sprouts	As above
Y20_Baked_beans	ffq20 _Baked_beans	As above
Y20_Soy_bean	ffq20 _Soy_bean	As above
Y20_Other_bean	ffq20 _Other_bean	As above
Y20_Pumpkin	ffq20 _Pumpkin	As above
Y20_Onion	ffq20 _Onion	As above
Y20_Garlic_fresh	ffq20 _Garlic_fresh	As above
Y20_Mushroom	ffq20 _Mushroom	As above
Y20_Zucchini	ffq20 _Zucchini	As above
Y20_Beer_low	ffq20 _Beer_low alcohol	1.00 never
		2.00 < 1 per month
		3.00 1 to 3 days per month
		4.00 1 day per week
		5.00 2 days per week
		6.00 3 days per week
		7.00 4 days per week
		8.00 5 days per week
		9.00 6 days per week
		10.00 every day

Y20_Beer_full	ffq20 _Beer_full strength	As above
Y20_Red_wine	ffq20 _Red_wine	As above
Y20_White_wine	ffq20 _White_wine	As above
Y20_Port_sherry	ffq20 _Port_sherry	As above
Y20_Spirits	ffq20 _Spirits	As above
Y20_Glass_pd	ffq20 _Glass_per_day	NUMBER
Y20_Max_glass_pd	ffq20 _Max_glass_per_day	1.00 1 to 2
		2.00 3 to 4
		3.00 5 to 6
		4.00 7 to 8
		5.00 9 to 10
		6.00 11 to 12
		7.00 13 to 14
		8.00 15 to 16
		9.00 17 to 18
		10.00 19 or more

| Scan_no | Id | Date | Fruit_p_d | Veg_p_d | Milk_none | Milk_full | Milk_red | Milk_skim | Milk_soy | Milk_p_d | Bread_none | Bread_light | Bread_white | Bread_whol | Bread_rye | Bread_multi | Bread_p_d | Spread_non | Marg | Poly_marg | Mono_marg | Marg blend | Butter | Sugar_p_d | Eggs_p_w | Cheese_nor | Cheese_han | Cheese_firm | Cheese_soft | Ricotta | Cream-chee | Loaf_chees | Pot_eat | Veg_eat | Steak_eat | Casserole_e | Kilbran | Other brans | Weetbix | Cornflake | Porridge | Muesli | Rice | Pasta | Dry biscuits | Sweet biscu | Cakes | Pies pastrie | Pizza | Hamburger | Chocolate | Flav_milk | Nuts | Peanut butt | Chips | Jam honey | Vegemite | Cheese | Icecream | Yoghurt | Beef | Veal | Chicken | Lamb | Pork | Bacon | Ham | Beef salami | Sausages | Fish_grill | Fish_fried | Fish_tinned | Fruit_tin | Fruit juice | Oranges | Apples | Pears | Bananas | Melons | Pineapple | Strawberry | Apricots | Peaches | Mango | Avocado | Pot_roast | Pot_not fat | Tom sauce |
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Tom_tinned	Peppers	Green salad	Cucumber	Celery	Beetroot	Carrots	Cabbage	Cauliflower	Broccoli	Spinach	Peas	Green bean	Sprouts	Bakes bean	Soy bean	Other bean	Pumpkin	Onion	Garlic_fresh	Mushroom	Zucchini	Beer_low	Beer_full	Red wine	White wine	Port sherry	Spirits	Glass_p_d	Max_glass_p_d