UPDATE FROM 23 YEAR FOLLOW-UP

Over 650 Raine Study Participants have completed an overnight sleep study at the UWA Centre for Sleep Science. The follow up is going well: there are 19 people currently in the Raine Study Team with a further eight sleep technologists and overnight volunteers as well as laboratory based staff involved in the complicated recruitment, booking, rescheduling, staffing of 4 nights and 4 morning sessions per week as well as ad hoc weekends. The assessment comprises anthropomorphic measurements, blood pressure, cold and pressure testing, cognitive function testing, questionnaires, asthma and lung function testing, allergy testing, physical strength tests, mole count, skin impression, 3D face photos, shower, dinner, actigraphy set up and sleep set up. The morning comprises removal of sleep study leads, an asthma challenge test, blood sample, breakfast, actigraphs to wear for a week and participants are given their own sleep study results. In addition, every three months for a year participants are sent an SMS text checking whether they have lost any work time due to poor health.

The Raine Study team are to be congratulated on this amazing organisational feat, and the wonderful teamwork involved. A big thank you to all Raine Study Participants for doing this!

RAINE STUDY SCIENTIFIC MEETING – 2 Aug

The 2013 Raine Study Annual Scientific Meeting is on 2 August 2013 at the UWA Club. This is an all day event which will showcase the broad scope of research being undertaken by Raine researchers. If you or one of your students are interested in presenting your research please complete an abstract form and return to Jenny before 15 July. Presentations will be short (10mins) with 5 mins for questions. The Raine Medical Research Foundation has kindly donated prizes for the best presentations.

MEETING DATES - 2013

EXECUTIVE MEETINGS

<table>
<thead>
<tr>
<th>Date</th>
<th>Deadline for Items*</th>
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<tr>
<td>Tues 30 July</td>
<td>Tuesday 16 July</td>
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<td>Wed 27 Nov</td>
<td>Tues 5 Feb</td>
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Executive approval by electronic meeting deadlines:
August 15, September 16, October 15, December 13

Core Management Meetings
Wednesday 23 October 2013

Annual Scientific Meeting – 2 August
RSVP - ASAP and by 22 July
Submit presentation abstract by 15 July
UPDATE FROM THE RAINÉ STUDY EXECUTIVE COMMITTEE

Prof Fiona Stanley resigned from the Raine Study Executive Committee at the beginning of the year. The Committee thanked her for her wonderful commitment and involvement with the Raine Study over the past 23 years and for her time and efforts on the Committee. Prof George Yeoh recently announced his retirement from the Committee. George fulfilled an outstanding role on the Committee, strengthening the links between the Raine Study and the Raine Medical Research Foundation. Prof Paul Norman will be the Raine Medical Research Foundation representative.

Prof Craig Pennell and Prof David Mackey have joined the Raine Study Executive Committee. Other members include Prof Prof Ian Puddey (Chairman), Prof John Newnham, Prof Lou Landau, Prof Lawrie Beilin, Prof Jennie Blackwell, Prof Nick de Klerk, Prof David Mackey and Prof Leon Straker.

20 Projects have been approved and are available on the Raine Study Website

To date 54 papers were published in 2012 and 29 in 2013 (list attached).

RAINÉ STUDY NOMENCLATURE

The way in which the Raine Study is named in publications and media releases is starting to mutate into new forms. The Executive have approved a standardised naming system. This is available to all researchers and is on the website.

GROUP MEETINGS – SCIENTIFIC DIRECTORS

Meetings between research groups and the Scientific Directors are underway. These meetings provide an opportunity to meet and talk, to establish who is who in the different groups, what everyone is doing, update on progress, projects and manuscripts and discuss future plans. These meetings are replacing the bi-monthly Core Management Group meetings. There is one Core Management Group meeting scheduled on the 23 October and we plan to organise an informal social meeting near the end of the year.

20 year Raine Study Data

The data collected at the 20 year follow up is available to researchers. Please note the following when copy/pasting methodology from previous papers

(i) The assessment was done at Lions Eye Institute and Departments in SCGH, so some measures (eg height and weight) were done on different equipment
(ii) Ethics approval was obtained from UWA (not PMH or KEMHL)
(iii) The DEXA scans were funded by an NIH Grant - CIs included Craig Pennell and Steve Lye
(iv) Eye data collection was funded by a variety of sources, and this also funded all the core follow up measurements and questionnaire data. Please contact Jenny is you require clarification on any of these issues.

FORMS and Raine Study Procedures

Please note: P-forms must be completed for all new projects, any grant application and any new student. C-Forms must be completed for any new collaborations. P and C forms are submitted to the Executive for approval (see meeting deadline dates*). M forms must to be completed for any manuscript – before the final manuscript is submitted, and before work is started on the manuscript. M-Forms should be linked to an approved P-Form. The Raine Management uses these forms to check various important issues e.g. overlap, availability of data, collaboration, merit, etc. All approved forms are available on the Raine Study Website. We are in the process of updating the forms and automating the process, in the meantime please complete the old forms.


