

Office use only

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## RAINE STUDY PUBERTY QUESTIONNAIRE

Dear Parent,

As part of our follow-up of the children at 10 years of age we are interested in knowing what the average age is that menstruation starts in girls. To know what the average age of menstruation, or starting of "periods" is, we are asking you to record some information about the timing of when menstruation starts in your daughter.

Because periods are not always regular when they start, we are asking you to write down the date of the first three periods your daughter has.

If you have any questions about this, please ask one of the research nurses either at the assessment, or by phone: 9489 7797, 9489 7796, or 9489 7795.

When you have completed this questionnaire, please return it to us in the addressed, postage paid envelope supplied. All answers are strictly confidential.

*Please write the answer in the space provided.*

Q1. What date did your daughter have her first period? \_\_\_\_\_ dd/mm/yy 

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Q2. How many days did it last? \_\_\_\_\_ days 

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Q3. Please record the starting dates of the next two periods?  
second period? \_\_\_\_\_ dd/mm/yy 

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third period? \_\_\_\_\_ dd/mm/yy 

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Thank you very much for taking the time to record this information and return it to us.

Mr. Garth Kendall RN, BA, Dip Soc Sci, MPH  
Study Co-ordinator