

Important Information for Raine Study Kids

Dear

It's time for the 10 year follow-up so we want to tell you a bit more about the Raine Study and our plans for your next visit.

As you will remember, the Raine Study began before you were even born. Your mother agreed to be in the study when she was pregnant with you. First of all, we wanted to know how well you were growing inside your mother by taking special pictures called ultrasounds. When you were born the doctors and nurses gave you a special check-up and most of you came back to see us a number times when you were younger.

The last time we asked you to come in to the Institute most of you were 8 years old but a few of you were 7 and some were 9 years old. At that visit we got you to ride on an exercise bike while we took your blood pressure.

This time we will be measuring your height and weight (clothes on) and taking your blood pressure, but you won't be doing an exercise test.

We are still interested in knowing how you grow and we will be looking at how you learn, the way you talk and understand what other people say, and your physical skills like threading beads and catching a ball.

We want to find out the best way to help kids do the best they can in their school work and in other things they do like playing sports. We're especially interested to learn about things in pregnancy and the early years of your life that may affect the way you are growing and changing now.

When you come in we've got a lot of different things for you to do. There's a word test, a puzzle test, a test of talking and understanding others, as well as little tests of your physical skills. Doing the tests is really like playing games so we think you'll have a lot of fun.

Just remember, there aren't any prizes for getting everything right. In fact, the tests don't work like that - they just keep getting harder and

harder. Not even a genius (or your mum) could get it all correct! It's really important that you don't think too much about it - we just want you to do the best that you can.

As well as doing the tests, we will be asking the principal of your school to tell us about the school you go to and we will be asking your teacher to tell us a little bit about you and your school work.

If we think we can help you with something that comes up in our tests we will tell you and your mum or dad. We want you to know that we won't be telling anyone else about your results. We are interested in the results for all the kids in the study when we put all the results together. Your results won't even have your name on them. We are very careful to make sure we don't muck it up because if we did we'd get into a lot of trouble!

You don't have to do the special tests if you don't want to. It's up to you. Even if you don't want to have the special tests we'll still have lots of measurements and other things to do when you come in.

There's a lot to think about. There's no rush and nobody is going to make you do something you don't want to. We've given mum and dad something to read about the visit as well. You can ask them if you have any questions. You can also ask us questions when you come in.

Sorry we had to get you to read so much. It feels a bit like school, eh?

**From: Prof. Zubrick and the
Raine Study Team**